

Adapting to COVID-19: FUNky Friday with Jed Palad (TikTok)

November 20, 2020

Jed Palad - Facilitator

This transcript was exported on Jan 04, 2021 - view latest version [here](#).

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Introduction

Duane:

Welcome to Funk Friday. We're having fun this Friday with Jed from the Douglas Student Union, who's going to take us through a training around a TikTok dance. So, I'll turn it now over to Jed.

Jed:

Hello, everybody. My name is Jed, as what Duane just said. Welcome to Funky Friday. Before anything, I just want to recognize and acknowledge that the land I'm on right now is the traditional and unseated territory of the Qayqayt and Coast Salish peoples. I hope everybody takes the time to recognize the traditional Aboriginal lands that they're on. A little bit about me, so I am Jed, I am a director and new West campus rep at the Douglas Students Union. I'm in my second year of academic foundations, with aspirations to become a teacher. I have never had any formal dance instruction, but I've been moving and grooving since I was about a wee child. I grew up in Guilford in Surrey. Yeah, I'm about to teach you guys a little, cute dance.

TikTok

Jed:

So, first, I'm just going to briefly show you the TikTok app and I guess how to record. I'm assuming you guys would have it downloaded on your phone. So, once you hit the button, and once you hit TikTok, you'll see the screen will show you a video right away. On the bottom of your screen, there's five icons. The middle one... Can I point to it? Is a one that you use to record. I clicked the wrong one. But yeah, once you hit that, it will show you the screen. Two of me. At the top... For the sake of the video we're doing today, which is making a dance video, I'm just going to show you guys how to find the audio for any music you want to dance to.

Jed:

So, at the top, it shows you sounds. Yep. And just click that, then it'll show you a list of audio that you can choose from. We're going to dance to Say So by Doja Cat. I'm assuming, if you are familiar with TikTok and social media, that you would have heard the song, if you don't at least know the title of it. Yeah. And once you choose your audio, you can just record right away. And the clip will end as soon as the audio ends. That's that. I'm going to start sharing my screen and show you the dance. I'll perform it for you as well. What I'm going to do is break it into three parts. I will show you each movement, we'll piece it together slowly, connect it, and then we'll connect all the parts and you're going to perform the dance. So, without further ado, sharing screen. Girl with Wild Expressions does Say So Dance. I will play it for you guys first.

Video:

(singing).

Jed:

So, don't be intimidated. That's what we're going to be learning. I will begin. All right. I'm just going to make sure I can see myself. There. So, we're going to break it down movement by movement. Playback

speed, we'll make it 0.5 at first. I'll just show you first. So, first four moves, I'm going to explain it with your lyrics. One second. Camera support.

First Four Moves

Jed:

Okay. So, the first line goes, "Why don't you say so?" All you're going to do at the end of that is put your arms up in a questioning manner. Why don't you think so? And then, the next line is, "Didn't even notice." So, for that, the word didn't, you're just going to go like this. Cross your arms and then throw them down. So, from the top here, why don't you say so? Didn't, and then you're going to put your arms up like this, but as you do that, to add the pizzazz, you're going to want to roll your wrists. So, again, if I'm not moving my arms, just roll your wrists. Why don't you say so? Didn't even, and then the next word is notice. So, for the two syllables of notice, you're going to like knock on your head. So, if you guys have ever seen that cat, that little, cute cat that a lot of Asian stores have that's beckoning towards you, imagine that same movement towards your head, like knocking on your head. So, first two lines. Why don't you say so? Didn't even notice.

Jed:

Sharing screen so we can see you. Anita, we're actually going to be basing what we're learning on what she's doing. I'm just bringing it down for you. So, think of me as giving you the audio and breaking it down, and then you're going to be focusing on her. And we'll do a dance with her, as well.

Jed:

So, again, from the top, it was, "Why don't you say so? Didn't even notice." One more time. They didn't even notice. The next line goes, "No punches left to roll with." So, when she says, "No punches," you're going to, basically, going to do a sweeping hook just like this with your right arm. No punches. And when your right arm lands here, you're going to snap up. No punches left. No punches left. And the next line is, "To roll with," so, "No punches left to roll with." And you're going to do this gesture right here.

Jed:

See you, Marianne. So, from the top is going to look like, "Why don't you say so? Didn't even notice. No punches left to roll with." So, I'll show that part. We'll do it 0.5. I don't see anyone dancing, but I hope you are if you don't have your screen showing, and that's all cool too.

Video:

(singing).

Jed:

So, that was fairly... I'll do it again for you guys.

Video:

(singing).

Jed:

And then the next part will go, after, "No punches left to roll with," you're going to make like a nice re-angle with your arms like this. So, I'm doing it on my right side first and then on my left side. So, "No punches left to roll with. You got to keep me. You got to keep me." And the next word is focused. We're going to split that word in two. At, "Focus," you're going to make this sort of sign. She doesn't like this in the video. You can do it like this. I just thought it was cooler, like a picture. Focused. So, you're going to go, "You got to keep me focused." You're going to push it out in front of you. So, from the top, it's going to go, "Why don't you say so? Didn't even notice. No punches left to roll with. You got to keep me focused." Want me to do it again? "Why don't you say so? Didn't even notice. No punches left to roll with. You got to keep me focused."

Jed:

That's basically the first part. So, I'm going to run it through 0.5 like two times, and then we'll run it with 0.75 after [inaudible 00:09:47].

Video:

(singing).

Jed:

I'll run it back again.

Video:

(singing).

Jed:

So, that first part, at the end, after [inaudible 00:10:35] focused, she says, "You want it. Say so." You can point at the camera and then just pose. So, she has a lot of time you do the [inaudible 00:10:45]. Let me see the chat. It's okay, David. All right. I'm going to break it down one more time really slowly, and then we'll try it at 0.75. All right. So, "Why don't you say so? Didn't even notice. No punches left to roll with. You got to keep me focused. You want it. Say so." I think if we play it with the music, it'll make more sense. So, I'll do it at 0.75.

Video:

(singing).

Jed:

A lot of TikToks actually only have this first 10 seconds, or first part, so if you can master this, you can make a TikTok [inaudible 00:12:03] good. I'm going to play it again.

Video:

(singing).

Jed:

All right. [inaudible 00:12:35]. Sweet. We'll move on to the next part. So, again, that first 10 seconds, people make TikToks just in the first 10 seconds. This is the full dance. I'll show you it first, this is the second part played at full speed, and then slow it down.

Video:

(singing).

Jed:

There we are. So, I'll do it with her. This is where you're going to channel your inner goddess. You're going to be able to move your hips crazy after this.

Video:

(singing).

Jed:

Oh, okay. I'm going to do it one more time. I messed up. [inaudible 00:13:38].

Video:

(singing).

Slow Motion

Jed:

All right. We're going to slow it down. So, she says, "Let me check my chest, my breath right quick." That's the first line. So, when she says, "Let me check," you're going to look to the right. Let me check. And then the next one is, "My chest." You're going to puff out your chest and make like a circular motion with your hands. So, "Let me check my chest. Let me check my chest." And then the next little bit is, "My breath. My breath right quick." So, "Let me check my chest," and then, "my breath right quick." So, once she says, "My breath," this is a power move. You're going to refer to this for the rest of the dance. Think of like interlocking your fingers and putting them on your left side. And I have all my weight right now on my left foot, and I'm about to pop my hips, my booty, out to the right.

Jed:

And when I do that, basically the best way I can explain it is all my weight's on my left, I'm going to shift my way to my right, and flex my booty. Can you see that? And you're going to move your arms forward as you do it. It's going to go, "My breath right quick. My breath right quick. My breath right quick." So, "Let me check my chest, my breath right quick." I'll do it slowly so you can see with the music.

Video:

(singing).

Jed:

From there, the next line says, "He ain't never seen it in a dress like this." So, in that line, "He ain't never seen it in a," you're going to go like this twice. No. Your mom's telling you to clean your room and you don't want to clean it. No. "He ain't never seen it in a dress like this." So, in, "Dress like this," you're going to touch your shoulders but cross your arms. "Dress like this," so cross your arms, touch your shoulders. Touch your shoulders again, but not crossing your arms. And then you're going to push up. You can do a little hop, or you can just go on your toes, but basically, that's it. So, again, it'll be, "He never seen it in a dress like this. He ain't never seen it in a dress like this." From the top, it'll be, "Let me check my chest, my breath right quick. He ain't never seen it in a dress like this." We'll do that with the music. We'll do it at 0.5 first.

Video:

(singing).

Jed:

All right. We'll do it 0.75.

Video:

(singing).

Jed:

As you see her dancing, you can see a lot of emotions in her. If you want to add that, [inaudible 00:17:56] just have fun with it. That's what we're here for. Again, I'll just go over it. So, it's going to go, "Let me check my chest, my breath right quick. He ain't never seen it in a dress like this." All right. After that part, once you land from that great hop, you're going to circle your right arm back and then circle your left arm back. So, "He ain't never seen it in a dress like this," circle back, circle back. And then the next line is, "He ain't never been impressed like..." Okay, we'll do it together so I can see too.

Video:

(singing).

Jed:

So, after you do those arm circles, you're going to step to the right and puff your chest out and bring it in. Bring it in, puff it out like that. Sorry. You're going to step, puff your chest out, bring it in, puff it out again, and bring it out. So, right, in, left, she does it pretty fast, though, so like. With every step, you're going to puff your chest out and bring it back in. So, one, two, three. So, "He ain't never been impressed like this." Let's do it with the music. Oh, not normal. Too fast.

Video:

(singing).

Jed:

So, after you go like this, you're going to straight away do an arm wave. Try to make it as fluid as possible. Some people just like... Whatever works for you. You're going to arm wave, and then right

away, same thing where you pop your hip out. You're going to bring your left hand behind your head and your right arm in front of you and then get ready to pop that booty. Boom. That's it. That's the ending. So, we'll do it altogether again. "Let me check my chest, my breath right quick. He ain't never seen it in a dress like this. He ain't never been impressed like this. Probably why I got him quiet on the set like this." We'll do it with music.

Video:

(singing).

Jed:

We'll do it again one more time.

Video:

(singing).

Jed:

I mean, we'll do it one more time, and then we'll move on to part three. We'll do it together with part one, as well.

Video:

(singing).

Jed:

So, we're going to do it from the beginning of 0.75 speed.

Video:

(singing).

Jed:

Checking the chat. The chat. All right. So, we'll do it again, part one and part two. Again, part one was like this. "Why don't you say so? Didn't even notice. No punches left to roll with. You got to keep me focused. You want it. Say so." So, again, from the top, we'll just explain part one quickly. "Why don't you say so? Didn't," X across your chest [inaudible 00:23:28] and then put your arms up. "Didn't even notice. No punches left to roll with." 90 degree angles. "You got to keep me," picture, "focused. You want it. Say so." And then part two explained real quick is, "Let me check my chest, my breath right quick. He ain't never seen it in a dress like this. He ain't never been impressed like this. Probably why I never got him quiet on the set like this." We're going to move on to part three.

Video:

(singing).

Final Moves

Jed:

So, the lyrics go, "Like it," you're going to make a heart. "Like it, love it, need it bad." So, when you go, "Like it," you're [inaudible 00:24:34] make a heart with your hands like this for like it, and love it, you're going to draw a big heart with your hands. "Like it, love it," and for need it, it's like you're going to make a whirlwind, or a tornado. Need it. So, just cross your arms and cross them again. So, up close, "Like it, love it, need it," and then, "Bad," goes like this. You're going to have your arms staggered in front of you. My right's in front of my left, or my right's in front of my body, my left behind me. And you're going to move your hips to the side.

Jed:

So, from the top, "Like it, love it, need it bad. Like it, love it, need it bad." And then after that it's, "Take it, own it, steal it fast.: So, after bod, so, "Need it bad," you're going to do the same sort of movement, but instead your arms will be out like this in front of you and you're going to go in the same direction and pull and move your hips that way as well. So, "Need it bad. Take it." Just checking the chat. Okay.

Video:

(singing).

Jed:

So, here we can see a...

Video:

(singing).

Jed:

"Like it, love it, need it bad."

Video:

(singing).

Jed:

We're close at the end of learning the dance, so again, "Like it, love it, need it bad. Take it," and when she says, "Own it, steal it fast," own it, you're putting your hands behind your head and you're going to wiggle your hips. When she says, "Steal it," sort of like a little body roll. So, "Own it, steal it fast," you're going to pop the opposite hip that you've been popping. So, I'm popping my right out. Now I'm going to pop out my left when I do that. So, boom. We'll try it one more time.

Video:

(singing).

Jed:

And that last bit, so we just did, "Take it, own it, steal it fast," you're going to switch right away, your weight will go on your left foot, or your opposite foot. And then you're going to go, "Boy stop playing. Grab my," and then you just pose there. That last part everyone hears, but I don't think I should say it. So, we'll do it from the top. Again, explained it's, "Like it, love it, need it bad. Take it, own it, steal it fast. Boy stop playing. Grab my," pose. Okay. We'll do it from there.

Video:

(singing).

Jed:

So, at the end, just hit a pose, or you can do what she did, and that's all fun too. We'll drill that one or two times. Or two times. I think that makes sense.

Video:

(singing).

Jed:

I'm going to do it again.

Video:

(singing).

Review

Jed:

So, I'll explain that part last again one more time. "Like it," with your hands, "love it," draw it out, "need it," tornado, "bad," you're going to have your arms like this. "Bad. Take it, own it, steal it fast. Boy stop playing. Grab my..." Yes. Okay. So, I will quickly reexplain part one, two, and three just once, and then I'll do all the way through. So, part one again is, "Why don't you say so? Didn't even notice. No punches left to roll with. You got to keep me focused. You want it. say so."

Video:

(singing).

Jed:

And then part two, broken down again, she says, "Let me check my chest, my breath right quick. He ain't never seen it in a dress like this. He ain't never been impressed like this. Probably why I got him quiet on the set like this." So, you're going to look to the right, "Let me check," you're going to puff your chest and do a circular motion. "Let me check my chest, my breath right quick. He ain't never seen it in a dress like this. He ain't never been impressed like this. Probably why," wave, "I got him quiet on the set like this."

Video:

(singing).

Jed:

And then quickly, we'll do part three. So, again, it was, "Like it, love it, need it bad. Take it, own it, steal it fast." So, at, "Bad," same movement. "Take it." When you do, "Own it," hands behind your head. Wiggle. And then, "Steal it," pop your booty at, "Fast." And then you switch legs. "Boy stop playing. Grab my..." Yeah. So, we'll do it with the music.

Video:

(singing).

Jed:

And then we're going to connect it all together. So, we'll do it at 0.75, and then I'll do it at full speed for everybody. And if anybody can do it with me, that'd be fun too. Put it at 0.75. Yep.

Video:

(singing).

Jed:

All right. Is there anybody... 2:15. All right. Is there anybody who can do it along with me? And if not, that's cool. Okay. We're going to watch me do it for fun. I'm going to do it at full speed.

Duane:

We encourage people to turn their cameras on if they're willing.

Jed:

Is anybody willing to turn the camera on and try the dance? I will be the entertainment then.

Duane:

Not seeing a lot of cameras right now, Jed.

Jed:

Yeah. I can just show it at full speed.

Duane:

Let's do it.

Full Dance

Jed:

All right. Sick.

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Video:
(singing).

Conclusion

Jed:

That was that. What time is it? 2:06. Thank you everybody for coming in. I'm happy you could watch, and hopefully, you've learned.

Duane:

Okay. So, thank you, Jed. On behalf of BCcampus, we'd like to thank you for coming in and sharing this lesson with us today. For the rest of you, thanks for coming and joining us and learning something. Keep doing this, record it, post it, and tag BC campus, please. And I'd like to thank our crew in the background. There's [inaudible 00:36:01], Paul, [Sahil 00:36:03], and Paula for making all of this magic work. Be well. Nice way to end the week. Thank you, everybody.

Jed:

Thank you, everybody.