Welcome! We’re glad you’re here.

- Your audio is muted on arrival.
- Please tech check yourself:
  - Turn audio on and off. Check volume levels.
  - Use video sparingly to help with bandwidth levels
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Note: These sessions are recorded and shared on the BCcampus COVID-19 website
A Few Guidelines for Webinars

• Please refrain from identifying individuals and institutions
• Be mindful that everyone comes to this space with their own experience and needs
• Be respectful of everyone’s emotional and mental boundaries at all times
• Use this time to practice respectful dialogue
• The BCcampus Code of Conduct includes webinars

Be Calm. Be Kind. Be Safe.

– Dr. Bonnie Henry
#thrivingbeyondcampuses

Don’t forget to consider follow-up events occurring in January and February 2021

https://covid19.bccampus.ca/thriving-beyond-campuses/
Thriving Beyond Campuses: Promising Learning Environment Practices that Enhance Student Wellbeing

Hosts: Diana Jung and Russell Thomson

December 3, 2020
Round Table Discussion Themes (break-out sessions)

1. Enabling Connections to Enhance the Student Experience
2. Embedding Well-being in Graduate & Professional Programs
3. Inclusive Teaching for Student Well-being
4. Enhancing Student Self-efficacy
Theme 1: Enabling Connections to Enhance the Student Experience

Sharing is Caring? Food Interventions in the Learning Environment

Sarah Walshaw, senior lecturer, Department of History, SFU

Using Contemplative Practices to Create Community: Experiences from a Student, Faculty & Staff Meditation Group

Elisabeth Bailey, assistant professor of teaching, Faculty of Applied Science/School of Nursing, UBC Vancouver

Kindness: An Exploratory Study of How University Students are Kind

Sally Willis-Stewart, associate professor of teaching, School of Health and Exercise Sciences, UBC Okanagan
John-Tyler Binfet, associate professor, Faculty of Education, UBC Okanagan
Adam Lauzé, research assistant, UBC Okanagan
Zak Draper, statistician, PhD student, Department of Psychology, UBC Okanagan
Theme 2: Embedding Well-being in Graduate & Professional Programs

Improving Graduate Student Well-Being through Constructive Management of Expectations

*Clare McGovern, lecturer, Department of Political Science, SFU*

Graduate Supervisory Relationships and Wellbeing: Using Research-Based Theatre to Elicit Deep Dialogue

*Susan Cox, associate professor and director of PhD and MSc programs in the School of Population and Public Health, UBC Vancouver*

*Michael Lee, senior instructor, School of Occupational Science & Occupational Therapy, UBC Vancouver*

Building a Well-being Community through Embedded Counselling

*Anna Kline, student well-being manager and counsellor, Counselling Services in Allard School of Law, UBC Vancouver*
Theme 3: Inclusive Teaching for Student Well-being

Maintaining Well-Being in Reconciliation Work

Janet Pivnick, educational consultant, Curriculum and Instruction Division, Centre for Educational Excellence, SFU

Engaging Difficult and Distressing Material in and Beyond the Classroom: Strategies and Resources

Evan Mauro, lecturer, Coordinated Arts Program, UBC Vancouver
Fenn Stewart, English Department, Douglas College
Otoniya Juliane Okot Bitek, Ellen and Warren Tallman Writer-in-Residence, SFU
Theme 4: Enhancing Students’ Self-efficacy

Embedding Wellness and Transition to University Content in a First-year and Second-year Cohort

Juan Abelló, assistant professor of teaching, Department of Mechanical Engineering, UBC Vancouver

Quizzing and Well-being

Ivona Mladenovic, senior lecturer, Department of Biological Sciences, SFU

The Role of Pedagogy in Building Student Resilience

Tiffany Muller Myrdahl, Senior Lecturer, Gender, Sexuality, & Women’s Studies, Urban Studies Program, SFU
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