

Being Trauma-Informed and Building Resilience during COVID-19: Resources

BCcampus Resources

BCcampus Code of Conduct

<https://bccampus.ca/events/code-of-conduct/>

BCcampus-hosted site with COVID-19 resources

<https://covid19.bccampus.ca/>

BCcampus Here2Talk Webinar

<https://bccampus.ca/event/were-here2talk/>

Guides

Trauma-Informed Practice Guide, May 2013

http://bcccewh.bc.ca/wp-content/uploads/2012/05/2013_TIP-Guide.pdf

Healing Families, Helping Systems: A Trauma-Informed Practice Guide for Working with Children, Youth and Families, January 2017

https://www2.gov.bc.ca/assets/gov/health/child-teen-mental-health/trauma-informed_practice_guide.pdf

Davidson, S. (2017). Trauma informed practices for post-secondary education: A guide. Education Northwest.

<https://educationnorthwest.org/sites/default/files/resources/trauma-informed-practices-postsecondary-508.pdf>

Websites

Alberta Health Services -Trauma-informed Care Online Modules

<https://www.albertahealthservices.ca/info/Page15526.aspx>

The Manitoba Trauma Information Centre: Resources

<https://trauma-informed.ca/>

Sparqs (example of student engagement work in Scotland)

<https://www.sparqs.ac.uk/index.php>

Healing Organization Chart: Trauma Transformed from Trauma Inducing to Trauma Reducing

http://traumatransformed.org/wp-content/uploads/Copy-of-TOTIHO-Updated-040319-11x17_Healing-Organization-Chart.pdf

Articles

“Covid-19 Has Worsened the Student Mental-Health Crisis. Can Resilience Training Fix It?” by Sarah Brown and Alexander C. Kafka. *The Chronicle of Higher Education*, May 11 2020.

<https://www.chronicle.com/article/Covid-19-Has-Worsened-the/248753>

“How are postsecondary students in Canada impacted by the COVID-19 pandemic?” *Statistics Canada*, May 12, 2020.

<https://www150.statcan.gc.ca/n1/pub/11-627-m/11-627-m2020032-eng.htm>

Blog Post: “The Single Most Essential Requirement in Designing a Fall Online Course” by Cathy Davidson

<https://www.hastac.org/blogs/cathy-davidson/2020/05/11/single-most-essential-requirement-designing-fall-online-course>

Gutierrez, D. & Gutierrez, A. (2019). “Developing a trauma-informed lens in the college classroom and empowering students through building positive relationships.” *Contemporary Issues in Education Research*, 12(1), 11-18.

<https://clutejournals.com/index.php/CIER/article/view/10258/10318>

Sanders, J. E. (2019). “Teaching note—Trauma-informed teaching in social work.” *Journal of Social Work Education*, 1-8. (Note: link requires UVic login ID)

DOI: <https://doi-org.ezproxy.library.uvic.ca/10.1080/10437797.2019.1661923>